



# Kia Manawanui

Pānui #07 / 18 May 2017

**Te Rā Waldorf School, Te Rāwhiti Kindergarten, Nursery and Playgroups**

89 Poplar Avenue

Raumati South

Phone: 04 299 0812 Mobile: 021 2958618

e-mail: [office@tera.school.nz](mailto:office@tera.school.nz) [www.tera.school.nz](http://www.tera.school.nz)

162 Wellington Road

Paekakariki

Phone: 04 292 7072

Kia ora koutou, dear Parents, Whānau, and Friends,

To continue where we left off last time: as we come to the end of the third week of term 2, autumn – ngahuru is now well and truly reigning.

"Ngahuru is an ancient word for "10", as autumn began in the 10<sup>th</sup> month (February – March) of the traditional calendar. Ngahuru was also the name for harvest, which occurred at this time. The saying 'Ngahuru, kura kai, kura tangata' (harvest-time, wealth of food, the wealth of people) indicated that food was plentiful in autumn." (*Te Ara, the Encyclopedia of New Zealand*)

Colder winds, rain and grey skies can make us feel a bit forlorn, so it is important to celebrate each season's gifts within the turning of the year. Autumn brings abundance, of food and colour, and leads into the time when the earth replenishes its stores while making a warm bed for the bulbs and seeds that are waiting for the awakening of spring.

Last week I attended a conference at the Willunga Waldorf School in South Australia. I reported back to our children in Monday's assembly about the differences and similarities between the two schools. While Willunga is clearly an *Australian* school it is also clearly a *Waldorf* school, in its aesthetic as well as the evident structures and methods. Children in Waldorf schools worldwide share many common experiences despite their diverse cultural identities. The morning verses, for example, travel around the world during the school week (and we are the first to speak them!) This verse may not be the same in every Waldorf school, but the desire to begin the day with a moment of quiet contemplation and reverence is common to us all. There is community, or at least commonality. Out of this sense of connection Waldorf education will celebrate its 100<sup>th</sup> birthday in 2019, and around the world centenary projects are getting underway. In Aotearoa we have begun to think about what it is we might want to do – watch this space.

This week we said haere rā - farewell to Xoya Andrews who has gone to Raumati Beach School, and Finn Harris who has gone to Paekakariki School.

We also farewelled Jude Nepia who is taking a break from being a Kindergarten Assistant. Jude had been assisting in the Ruru group, and her quiet and competent presence will be missed by everyone, old and young.

Noho ora mai,

Andrea Sorger

for the College of Teachers (Andrea Sorger, Aleka Beaumont, Elien Hoffmans, Lotti Henehan)

## Diary of Dates

Thursday 18 <sup>th</sup> May	Board of Trustees Meeting 7:00pm
Friday 19 <sup>th</sup> May	Weekly Adult Craft Group – after drop off in the Handwork Room
Saturday 20 <sup>th</sup> May	Car Boot Sale Fundraiser 9:00am-12:30pm at Te Rā School
Tuesday 23 <sup>rd</sup> May	Raphael House Steiner School Upper School Information Evening, Te Rā School Hall at 7:00pm
Monday 22 <sup>nd</sup> May *** <i>Note date change!!!!</i>	Te Rā School Transport Hui 7pm in Hall
Thursday 25 <sup>th</sup> May	Class 5 Competing in Junior Tough Guy and Gal Challenge
Monday 29 <sup>th</sup> May	Class 7 Parent Evening 6:30pm
Monday 29 <sup>th</sup> May	Class 5 Pedal Ready Cycling Day
Wednesday 31 <sup>st</sup> May	Pavitra's Kindergarten Parent Evening 7:00pm
Thursday 1 <sup>st</sup> June	Class 1 Parent Evening 7:00pm
1 <sup>st</sup> June – 30 <sup>th</sup> July	Woodworking Workshop Commences 7:00-9:00pm (each Thursday evening)
<b>Monday 5<sup>th</sup> June</b>	<b>Queen's Birthday Holiday</b>
<b>Tuesday 6<sup>th</sup> June</b>	<b>Teacher Development Day (No School or Kindergarten)</b>
Tuesday 6 <sup>th</sup> June	Class 4 overnight trip to Wellington Zoo
Saturday 10 <sup>th</sup> June	Ethno Support Concert in Te Rā School Hall 7:00-9:00pm
Monday 12 <sup>th</sup> June	Information Afternoon 2:30pm
Tuesday 13 <sup>th</sup> June	Class 7 Visit to Raphael House
Tuesday 13 <sup>th</sup> June	Information Evening 7:00pm
Wed 21 <sup>st</sup> June	Class 7 visit to Kapiti College 12:30-2:30pm
Thursday 22 <sup>nd</sup> June	Interschool Cross Country
Friday 23 <sup>rd</sup> June	Te Rā School Kapa Haka Fundraising Performance in Tennis Court Rd Hall

Wednesday 28 <sup>th</sup> June	from 6pm
Thursday 29 <sup>th</sup> June	School St Johns Lantern Festival 6pm
Tuesday 4 <sup>th</sup> July	<i>St Johns Lantern Festival (pp date)</i>
	Class 7 Raphael House Upper School
	Interviews (during day at Te Rā)
Thursday 6 <sup>th</sup> July	Class 7 Raphael House Upper School
	Interviews (during day at Te Ra)
Friday 7 <sup>th</sup> July	Last Day Term 2
Monday 24 <sup>th</sup> July	First Day Term

### From the Office

#### **Soup Ordering**

*Online orders and payments are now overdue.* You'll find the order form and payment details

at: <https://goo.gl/forms/34lusrbr8K3fmDNi1>

Any queries or extra volunteers please call Anna on 022.431.2374

### Transport Meeting Hui

Transport Meeting/Hui 22<sup>nd</sup> May 2017, 7:00pm, School Hall

Hi everyone, as most will have heard by now, the bus service from Porirua is being disestablished this month and those families affected by this have some logistical issues to confront getting their children to Raumati South. In addition we are aware that there are a number of other families who live in the North direction who are also interested in various transport options. We are organising a hui for all interested in distance transport, to try and come up with some novel ideas as to how this can be best managed. You don't have to be directly affected to be welcome to come along with your brilliant ideas and throw them into the mix, have a cup of tea and chew the fat.

If you have any ideas but can't make it on the day, please send them to Andy Raynel (BoT) at [andynfi@hotmail.com](mailto:andynfi@hotmail.com) and I will be happy to present them on your behalf. You can call me on 0272359404 if you would prefer.

Thanks,

Andy

(on behalf of Te Rā School BoT)

## Matariki Celebrations

### Matariki Celebrations

Matariki time is nearing. The rise of Matariki (Pleiades) signals the Māori New Year (with the new moon 25 June 2017), a time to come together, remember those who have died, and celebrate new life. This is a community event. Last year we celebrated it by coming together around a fire at dawn in the weekend, sharing kai and stories, singing songs, and playing games. Who would like to help be on the creation team, give input into date, help set up/serve on the morning? It takes many minds, hands and hearts to create a community event. Text 027 7789432.

## Harvest Fair 2017

With some receipts still being processed, the profit for the Harvest Fair is shaping up to be around \$17,500. Once again, a big "Thank You" to *everyone* who worked so hard to make this spectacular event happen.

Marliesje, Tash and the Fair Core Group!

## From the Workshop

### Introductory Course in Maori Carving and Design

#### Tutor

Chris Gerritsen. Chris is an expert in traditional Maori carving and is a tutor at Te Wananga O Raukawa.

#### The Course

Is designed for beginners and will include instruction in the use of tools and carving technique, the stories and spiritual core underlying different designs and creative processes.

This course will continue work begun last year (4 traditional carving patterns and a Tiki) and will include a Taiaha.

#### Open to

Previous participants wishing to continue. Newcomers (male and female) welcome. No Previous experience necessary.

**Dates:** 8 weeks from 1<sup>st</sup> June to 20<sup>th</sup> July

**Time:** Thursdays 7:00-9:00pm

**Cost**

\$120 includes materials

**To Enrol**

Please call Paul Denford 027 246 3065. Preference will be given to previous participants but a few places will be available. Limit 12.

<b>Dollmaking</b>
-------------------

Dollmaking Group at Lotti's house is taking a break this term.

<b>Friday Morning Adult Craft Group</b>
---

Craft Group are meeting again every Friday morning after drop-off, in the handwork room. Everyone is welcome to join our friendly group - bring your crafting project or learn new skills. Some of us have been learning to knit, and this Friday we will have a workshop on making small fleece dolls (all materials supplied).

<b>Situation Vacant</b>
-------------------------

Olivia's Ruru kindergarten group needs an assistant for four days per week, Monday to Thursday. If you are interested please pick up an application form from the office.

Applications close Friday, 2 June 2017, at 5pm

## Information Evening – Steiner Upper Schooling



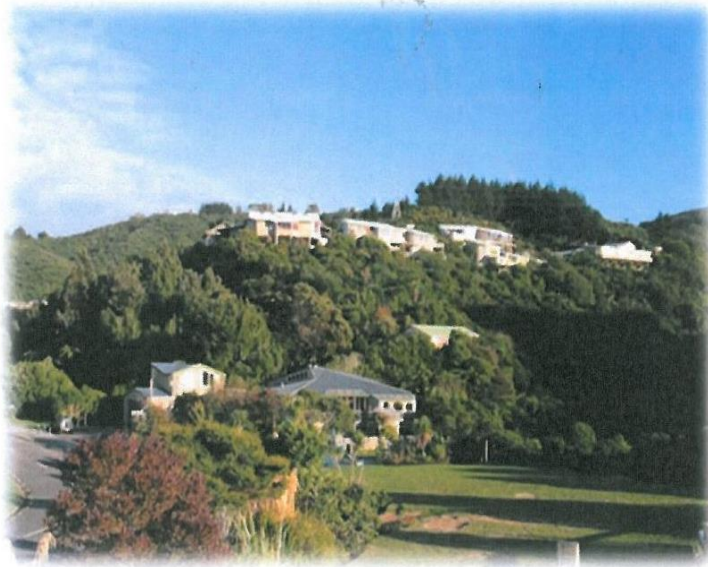
**Are you planning for your child to attend the Upper School at  
Raphael House Rudolf Steiner School?**

**Would you like to know more?**

We are holding a Parent Information Evening in the Te Ra School Hall on  
Tuesday 23 May 2017 at 7.00pm.

This session will be hosted by our Principal, David Stephenson, Deputy Principal /Upper  
School Coordinator, Grant Rossiter and some of our current Class 12 students.

If you have any questions regarding the enrolment process at Raphael House  
please do get in touch with our Outreach Coordinator, Katie Musk.



[enrol@raphaelhouse.school.nz](mailto:enrol@raphaelhouse.school.nz)

04 569 5161

## Class 7 Fundraiser This Saturday

### Car Boot Sale



*Where ? Te Ra Waldorf School Carpark Poplar Ave*

*When ? 9.30 - 12.30 am Sat 20<sup>th</sup> May*

*Why? Fundraising Event for Class Seven end of year Camp*

*Cost ? \$ 20.00 per car boot or trestle table. (BYO trestle)*

*(if raining please bring an outdoor umbrella or shelter for your stall)*

*Bake sale and sausage sizzle on site.*

*Empty out your drawers and cupboards  
for autumn or come along and sell your wares.*

*Please email to book a space*

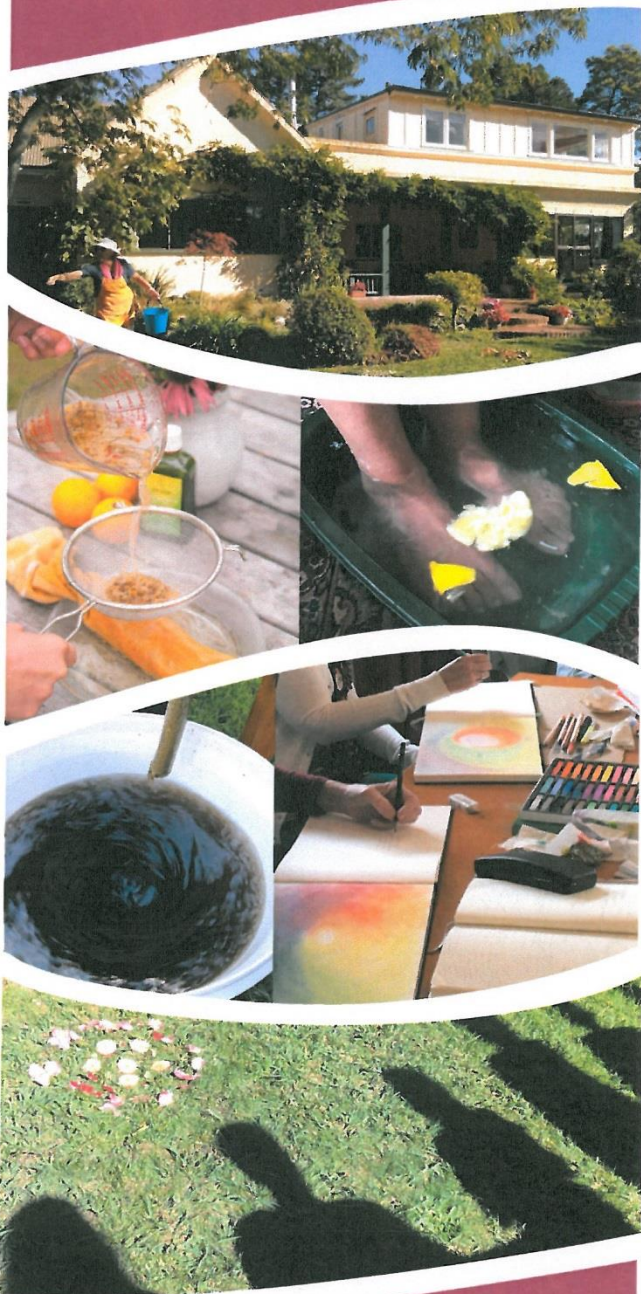
[regtienwraight@gmail.com](mailto:regtienwraight@gmail.com)





# TARUNA COLLEGE

Connect, Nourish, Sustain



Located on the hills of Te Mata Peak in Havelock North, Taruna College is a sanctuary for contemporary, relevant adult learning. At this adult education centre students are offered a range of opportunities:

**The Art of Well-Being** – a programme where participants take time from their busy lives to:

- explore what it is to create well-being
- understand their own life story
- use art as one medium for learning.

The programme works so participants are nourished, refreshed and replenished.

**The Certificate in Rudolf Steiner Education** – is opportunity for teachers and those interested in teaching as a vocation, to build their knowledge as they learn what it is to be a Steiner school teacher. The programme allows an exploration of anthroposophy and discovery about this holistic education that truly understands the human being.

**Bio-Dynamics / Organics, Health and** other courses that work with holistic and approaches that work in harmony with nature are also part of Taruna's regular course offering.

Taruna welcomes people from all walks of life who are looking to

**Connect, Nourish and Sustain.**

For more information  
See our website  
[www.taruna.ac.nz](http://www.taruna.ac.nz)  
or call 06 8777174

Taruna College is in an exciting process of change designed to refresh the organisation as a contemporary Adult Learning Centre. A new team is leading these



developments towards a bright future: Rosie Simpson (past Principal of Taikura Rudolf Steiner School), Lauren Hudson (Organisational Development Consultant and past Chairperson of Taikura) along with Deb Bednarek (Anthroposophical nurse therapist and past Chairperson of Taruna College Trust).

As the Leadership Council, this team has taken on the task of bringing fresh eyes and enthusiasm to navigating the next phase for Taruna. All of the learning programmes are being reviewed, renewed and revitalised so that they are relevant for today's world and easily accessible to the wider community.

Taruna is renown for supporting and leading the development of Bio-Dynamic and Organics in New Zealand and soon will announce a very new opportunity for learning in this field (watch our website for future developments: [www.taruna.ac.nz](http://www.taruna.ac.nz) ).

This year we have also started the newly renamed programme 'The Art of Well-being'. This course is open to anyone wanting to find ways of nourishing and sustaining their own well-being in the midst of demands from a busy life. The programme provides ways to 'meet yourself, know yourself and be yourself'. As a boutique course it is designed to have small classes so that there is time and opportunity for real exploration and connection.

A new development for Taruna is the local community connection using Taruna facilities and as they do discovering how this place is a real sanctuary. Taruna has welcomed groups needing a space for handcrafts, for teaching courses and for those needing a modern hall space to run workshops such as yoga and dance. As well corporate workshops are regularly taking place enabling staff to be nourished by the space that Taruna provides whilst embarking on professional development. Everyone who comes to Taruna remarks on what a special and blessed place it is. The feedback from past students is consistent about how affirming and life changing a Taruna course can be.

As the new Leadership Council now charged with the responsibility for making Taruna responsive and contemporary while honouring its founding impulse, we invite your connection too. Please feel free to visit us weekdays between 9:00 am and 4:00 pm should you wish to learn more about Taruna and what we can offer you.

## **Community Notices and Advertising**

These notices do not reflect the opinions of the editors.

### **Meditation Group**

Introduction to Meditation every Tuesday from 9<sup>th</sup> May (except the first Tuesday of the month) between 7:30 – 9:00 in Class 4. All are welcome. No previous experience is necessary.

### **Friday Singing!**

Come join our fun Friday choir after school. All abilities and ages welcome.

We sing a range of music from many different cultures, largely unaccompanied but sometimes with instrumental embellishment.

4.30pm until 6pm every Friday during term in the Te Rā Hall.

For more information contact Vanya on 02040939417

Hope to see you there!

## **Wellington Zoo and Zealandia**

\$2 donation per entry 27 & 28 May

Next Saturday and Sunday, you can visit the Zoo and Zealandia for just a \$2 donation per entry!

Wellington Zoo will be open from 9am until 5pm giving you a great opportunity to explore the Zoo and check out our new walk-through Kea experience in Meet the Locals He Tuku Aroha.

All Zoo entry donations will go towards the Wellington Zoo Conservation Fund which helps to save animals in the wild.

## **This War is Not Inevitable**

A play for two actors to be performed at Raphael House in Lower Hutt on Wednesday 14<sup>th</sup> June at 7.30pm

No reservations necessary (Further information: phone 029 123 0717).

## **YOGA**



\*YOGA\* Feel LIGHTER, build strength and agility, improve flexibility and expand your heart and mind. Come and try your first class for FREE. A gentle but powerful Vinyasa (moving flow) style suitable for all levels at 9.30AM every MONS AND WEDS, Raumati Sth Hall, Tennis Court Rd. Drop the kids off and indulge in your breath for 75 minutes. Mats provided, \$10 p/class. Enquiries welcome at [sacredstretch@gmail.com](mailto:sacredstretch@gmail.com), or call Lizzy 027 531 2116 and don't forget to check out The Sacred Stretch Facebook page. See you there coasters!

## **Action Indoor Sports**

"Want to keep playing your favourite sports all year round? Now you can at Action Indoor Sports Kapiti. We have Indoor Football, Netball and Cricket available all year round to be played after school from 4pm so you no longer have to worry about the weather or getting cold in the rain. For more information Contact Chris on 022 438 3735, [Kapiti@actionindoorsports.com](mailto:Kapiti@actionindoorsports.com) or come visit us at 4 Manchester Street, Paraparaumu"

## **Biodiesel Cooperative**

Become a founding member of Kapiti's very own council-funded biodiesel cooperative.

As a member you will:

- Own your own fuel company
- Generate neutral carbon emissions with your vehicle
- Pay less than pump price for diesel
- Save the planet one tank at a time!

**Skills we need:**

- Social media person
- Oil pick up people
- Admin/accounts guru
- Machine operators
- Shipping container fit out skills

**Requirements:**

- A diesel vehicle (swap your petrol out)
- Some time (1-2 hrs. a week) to collect waste cooking oil from participating restaurants, and run biodiesel processor
- Willingness to participate and learn about running your own cooperative (There will be a professional helping set the co-op up)

**Safety:**

- We are using a world class Biopro190 processor that is very safe, and amazing technology.
- We will run a safety course for all members prior to machine operation
- Biodiesel is an organic ester - not a petroleum product - it is safe to handle and dispose of. You can even drink it (in small amounts)!

**Seriously interested?**

- We are funded and starting this winter in Paraparaumu. Join the alternative fuel revolution!

Call Matt on 021526278 or email [matt@peoplescoffee.co.nz](mailto:matt@peoplescoffee.co.nz)



# Support Concert for **ETHNO** NEW ZEALAND

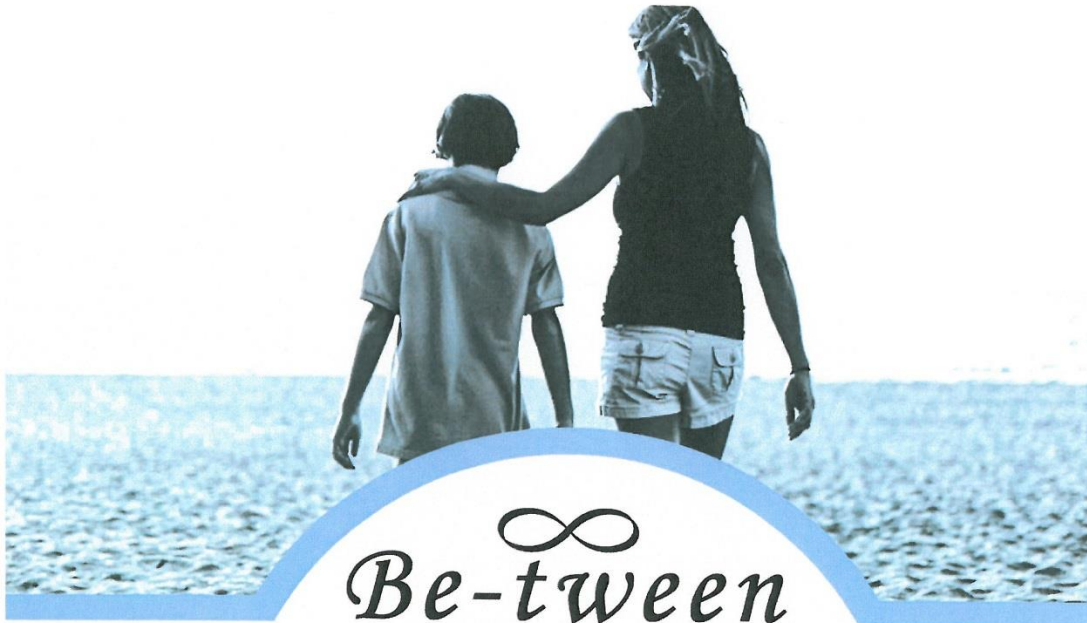
Saturday June 10<sup>th</sup>, 7-9pm

Come experience the flavour of Ethno with a support concert of traditional music from Japan, Chile, America, India, Aotearoa, Africa and Georgia among others! Join an open jam session after the concert - all ages, abilities and instruments welcome!

At Te Ra Waldorf School, 89 Poplar Ave, Raumati South, Kapiti Coast



# Non Violent Communication Workshop



## *Be-tween*

*A Nonviolent Communication (NVC) workshop  
for parents of teenagers.*

**27th - 28th May, 2017**

**10am - 4pm**

**\$150**

*(couples \$250)*

Te Newhangaa Kapiti Community Centre  
15 Ngahina Street, Paraparaumu

**Do you want a harmonious and trusting relationship with your teenager? This weekend offers useful tools that will support you to have the connection you want.**

**LEARN:**

*Strategies to resolve conflict*

*How to set clear boundaries*

*Skills to manage stress*

*How to translate shrugs, grunts and silence*

*The 4 step model of Nonviolent Communication*



**Facilitator**

Anna Groves ten Broeke is a certified trainer with the Centre for Nonviolent Communication (CNVC) based in the USA and has been providing training in New Zealand since 2007. She has worked extensively with teenagers and their parents to develop harmonious relationships.

She is a trained secondary school teacher, performing artist and mother of 3.

**Bookings: Anna 027 2992991 annagroves8@gmail.com [www.cnvc.org](http://www.cnvc.org)**

**BOOK NOW**  
**\$50 deposit**  
**to secure place**  
*(limited to 26  
participants)*



Hinewhaitiri liked to play with the cloud, lightning, wind, and thunder children. They always had fun, roaming everywhere and anywhere they wanted rolling across the sky throwing huge shadows onto the landscape below. Hinewhaitiri enjoyed the freedom the children of the elements shared, the dancing and chasing games they played, but most of all the stories they told of the hui marangai they had been to.

Hui marangai usually happened in autumn, in a small valley on the other side of the mountain range that separated their homes from the sea. Hinewhaitiri had heard so much about these spectacular hui but had never actually attended one herself. At certain times during the autumn months the wind changed and a cool blustery wind blew in from the sea, these were the perfect conditions for a hui marangai to be held.

The trouble for Hinewhaitiri, and indeed for everyone, was that they could never know the exact time or day that the wind would change. The sea winds were different from the land winds and unpredictable in nature, but if two double claps of thunder were heard everyone knew that that was the signal for a hui marangai to begin.

The children of the elements used these hui to practise their skills. Whether it was the biggest thunder clap, the flashiest lightning strike, the fiercest wind or the greatest downpour, they came from miles around to show off what they were capable of.

If you didn't make it to the hui, it was bad luck, no one waited for you to arrive, or really cared whether you were there or not.

One time while Hinewhaitiri was lolling around with her friends playing chasing games they all heard two distinctive claps of thunder. They froze in mid air, even though the wind children were trying their hardest to blow them in every other direction. Suddenly two more claps of thunder boomed across the sky, confirming that a hui marangai was about to begin.

Everyone jumped at the same time, twirled out of the grip of the wind children in an anticlockwise motion, changed the gentle breeze into a blustery wind and headed straight towards the mountains.

When they arrived the hui was already in full swing. Huge flashes of fork lightning pierced the sky and hit the earth with such force that trees were set on fire. Deafening claps of thunder followed causing houses and buildings to shake, fierce winds blew trees from the ground, rain flooded rivers and swamped houses sending people from the village below into a panic.

As Hinewhaitiri waited in line for her turn to show off her thunder clap prowess she looked down at the people trying desperately to save themselves. Trees were falling over, catching fire, then getting drenched by the torrential rains. Rivers were bursting their banks; roofs were being torn from houses. It seemed as though no one and nothing would be spared.

Hinewhaitiri was distracted when it came for her turn to conjure up her loudest thunder clap. She was still thinking about the poor people below when she swung her large arms together and produced the weakest clap of thunder that had ever been

heard. Everyone laughed at once, so much so that the hui could not continue. No one had the energy for any more destruction, they were too busy holding their sides and laughing.

Hinewhaitiri held her head in shame. Her thunder clap whānau thought she was a joke, her lightning friends didn't want to know her, and her close cloud friends that she usually hung around with seemed to disappear into the sky.

Hinewhaitiri sat by herself on the mountain top as everyone else headed back to their respective homes. She silently cried into her huge thunder clap hands.

Looking between her fingers Hinewhaitiri noticed that the people of the valley had come out of their ruined houses and had begun to clear up the devastation.

Hinewhaitiri felt so sorry for the destruction that had been caused that she forgot about her shame. She climbed down from the mountain and headed towards the small village.

The village people ran for cover when they saw Hinewhaitiri coming for them. But Hinewhaitiri took no notice and got to work clearing away debris, straightening trees and unblocking rivers with her strong arms. When everyone saw what she was doing they were extremely grateful.

"This is what happens every year," said the rangatira of the village. "There is a sudden storm, it destroys everything, we clean it up and it happens again!"

Hinewhaitiri looked around her, and realised what they said was true, the same thing would happen again when another hui marangai was called.

"We will have to widen the rivers, plant more trees and strengthen the houses before the next wind from the sea arrives," Hinewhaitiri said.

Hinewhaitiri stayed at the village for several days to help with the extra work that needed to be done. She returned to rest on the mountain at night time where the air was cooler and much more comfortable.

*To be continued...*

# **Waldorf Education on the Kapiti Coast**

- ❖ How can we help young people develop a lifelong enthusiasm for learning and work?
- ❖ How can the way in which children are educated foster a healthy self-awareness? How can education help them understand the
- ❖ needs of peoples of all cultures and the needs of the environment?

All prospective school and kindergarten parents  
are also warmly invited to our

## **Information Afternoons**

**2:30pm**

***June 12<sup>th</sup> 2017***

## **Information Evening**

**7:00pm**

***June 13<sup>th</sup> 2017***

at Te Rā Waldorf School, 89 Poplar Ave, Raumati South

There will be plenty of opportunity for questions.

You can also contact the office for an information pack.

Office ph. 04 299-0812 or email [office@tera.school.nz](mailto:office@tera.school.nz)  
[www.tera.school.nz](http://www.tera.school.nz)